

Professional Development

THE JOURNEY INTO SELF DISCOVERY PROGRAM Offers excellent support and resources for the professional in their role as teacher, Chaplain, Minister, spiritual Director. We have more than twenty years of experience as a team of creative facilitators. These Professional Development days are fashioned to bear much fruit and to yield access to the inner landscape of the self. There is a growing awareness that the role and the responsibility of the educator is to provide an essential faith experience of hope, inner maturity and healing.

Themes for Journey Days

**THE POWER OF SCRIPTURE STORIES
RECOVERING OUR FAITH**

**REFRESHING OUR SPIRIT IN THE SPRING
OF HOPE**

**EXPLORING THE INNER LANDSCAPE OF
THE SELF.**

Journey Days are designed to meet the needs of professional groups. These days provide excellent opportunities for professional people to enjoy a fresh approach and input from an outside professional source. These events may be organized for a single day or for a longer period. Each day is reflective compliment to initiate and stimulate; HOPE, CONFIDENCE, SELF AWARENESS, AND SELF ESTEEM.

For more information contact:

I.S.P.E.B.

Tel: 416-928-9570 Fax: 416-921-7464

Email: journey@spiritCentral.com

www.spiritcentral.com/journey

The Institute for Studies in Psychotherapy and Emotional Bodywork, a division of C.P.E.B. Therapies, Inc., offers a full program of psychotherapy, emotional bodywork, massage and individual sessions, group therapy, and 12 step work. The Centre is a non-residential facility.

By appointment only.

416-928-9570

Loretto Maryholme



Loretto Maryholme is located on the beautiful shores of Lake Simcoe, one hour north of Toronto. This spacious, historic country home is a prayerful place of peace, beauty and serenity. There are lovely gardens, terraced lawns and stunning views of Lake Simcoe.

Comfortable shared accommodations. Lovingly prepared, delicious home-cooked meals and refreshments are provided.

Maryholme is a quiet environment, with nature trails, bird and small wild life habitat, and a labyrinth in the woods. Ideal for meditation, reflection, relaxation, and photography.

Other Programs

Sabbatical Programs

**ON THE ROAD TO EMMAUS
FOR MEN IN MINISTRY
JULY 26 TO JULY 31 ,2009**

SABBATICAL PROGRAMS

People come from all over the world to Do their Sabbatical Program with us.

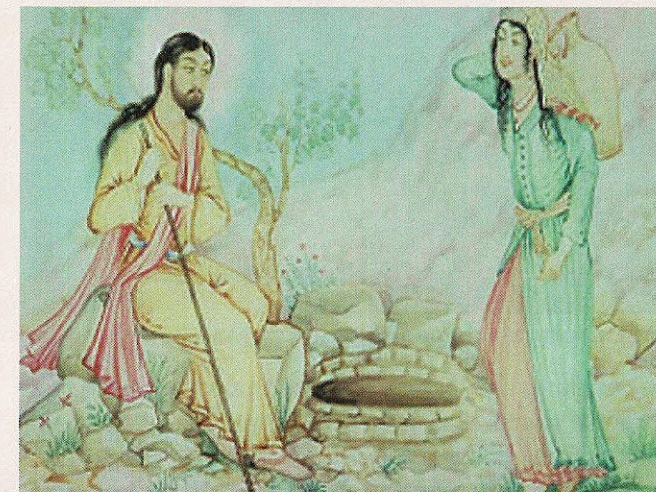


Journey Into Self Discovery Program

for

The Professional

**"Come meet the Woman
at the Well"**



Explore profession as a life of ministry

REFRESHING THE PROFESSIONAL:

**"Especially for the Hospital, School, Hospice
Chaplain, Teacher, Spiritual Directors,
Parish Ministers and Parents**

**WITH A COOL DRINK
OF LIVING WATER**

AN INTERACTIVE RETREAT/WORKSHOP

JULY 4 – 9, 2010

Maryholme Retreat Centre

**Lake Simcoe, Roches Point
Ontario, Canada**